



Child and Adolescent Health Specialists, PC

DEVELOPMENTAL-BEHAVIORAL PEDIATRICS

Robert F. Belknap, MD, MPH (Emeritus)
Nicola J. Smith, MD, FAAP
Katherine A. Trier, MD, FAAP

About Developmental-Behavioral Pediatrics

Thank you for your interest in Developmental-Behavioral Pediatric Services at Child and Adolescent Health Specialists, PC. Our physicians have many years of experience specializing in diagnosing and treating children with autism spectrum disorders, problems of attention/learning, many mood disorders, developmental delay and behavior problems associated with these issues. Our physicians are certified as diplomates in Developmental-Behavioral Pediatrics by the American Board of Pediatrics.

For additional information see our website: www.childhealthspecialists.com

Insurance/Billing/Referrals

Our office will submit claims for Developmental-Behavioral appointments to the insurances with which we are contracted, including most major health insurances. You can verify we are in your specific plan network on your insurance website (“Find a Doctor”) or by calling your member services department. *Please note we are contracted medical providers, not mental health.*

If your child is covered by any insurance that does not list our providers, we recommend that you call the insurance company to verify whether they will reimburse for these services as “out of network.” In that case, you would be required to pay the full amount at the time of the appointment. We will give you a receipt with the appropriate codes to submit to your insurance company for reimbursement.

If your insurance is an **HMO**, you will need to obtain a referral from your primary care doctor (PCP). If you wish to be placed on our cancellation list for a sooner appointment, you may request that your doctor date the referral effective the day you call for it rather than the date of the appointment you were originally given. Otherwise, in the event that your appointment is moved to an earlier time, your primary care doctor would need to provide a new referral reflecting the new date. **If you do not have a referral on the date of your appointment, you will be required to pay for the visit in full.** You may then submit our statement to your insurance company for reimbursement.

To bill any insurance company for a consultation appointment, a request from a professional is required. If you have an HMO, the referral from your child’s PCP will serve as this request.

If your insurance is a **PPO**, we will need a written request for a consultation from the referring provider, whether this is your PCP, a therapist, teacher, etc. Please have the enclosed **Request for Consultation** form completed by your referring professional.



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Scheduling Appointments

To schedule an appointment, complete and return the enclosed registration packet as soon as possible*. We will review your information to determine the appropriate type and time for your appointment(s). Following review, our office will contact you to schedule your appointment(s).

Outside Testing/Reports

Please bring copies of any relevant information to our office on the day of your appointment, eg. IEP, most recent school testing or reports, other evaluations. Please bring copies, **not** originals. Our office will not be able to copy them for you and we will not be responsible for loss of the originals. If you wish to have copies of any materials that our doctors send home for completion (e.g. developmental questionnaires), please copy them **prior** to returning them to the office. We will not be able to copy them for you and originals must be kept as part of our medical records.

The First Consultation Visit

We recommend that children other than the one who is being seen for the appointment not accompany you to the appointment as this can be a significant distraction. Children must be over 8 years of age to remain in the reception room without adult supervision. Please set aside approximately 1 ½ hours for your initial consultation appointment.

All efforts are made to make your child's experience comfortable. A nurse will obtain measurements, vital signs, and typically will perform an evoked otoacoustic hearing evaluation, and a vision screening (3 years of age or greater).

Following your consultation appointment, a summary letter will be sent to the referring physician or other professional with a copy to the parents.

Please be aware that additional reports (e.g. letters to schools) are typically not covered by health insurance plans. Such requests will require payment in advance.

Neurodevelopmental Testing Appointments

The doctor may schedule your child for neurodevelopmental testing following your consultation. Please set aside approximately 1½ hours for this appointment. Note that this is not the same testing provided by schools for a school-based evaluation and it is not a Neuropsychological Evaluation. Either of these may be recommended depending on the doctors findings.

***The registration forms should be filled out with black or blue ink as other colors will not show through fax or scanner.**

Please feel free to call our office if you have any additional questions or concerns.



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First Available

PATIENT REGISTRATION FORM

Child's First	Middle	Last Name	Date of Birth	Sex
Street Address		City	State	Zip
Preferred Phone # (for office to contact you)		How did you hear about us? <input type="checkbox"/> Physician <input type="checkbox"/> Family/Friend <input type="checkbox"/> Mailing <input type="checkbox"/> Newspaper <input type="checkbox"/> Internet <input type="checkbox"/> Other _____		
Ok to leave messages	Voice <input type="checkbox"/> or Text <input type="checkbox"/>	Email address for Office News and Updates and other correspondence		
Parent A. Mother's Name (Father if 2 dad family)		Parent B. Father's Name (Mother if 2 mom family)		Parent's Marital Status S M D W
Legal Guardian (if different from above) or if divorced, who has legal and physical custody (Legal documentation required if not joint custody)				
Parent/Guardian Street Address (if different from above)		City	State	Zip
Parent/Guardian Home Phone #		Parent A Cell Phone #	Parent B Cell Phone #	Work # if ok to call
Next of Kin/Emergency Contact Name			Relationship	Telephone #

PRIMARY INSURANCE COMPANY – EFFECTIVE DATE _____

Name of Insurance Company		Policy ID #	Group #	
Claims Address		City	State	Zip Telephone #
Name of Policy Holder		Date of Birth	Relationship to Insured	Type of Plan- HMO, PPO Deductible? Referrals Needed?
Employer Name and Address				

SECONDARY INSURANCE COMPANY – EFFECTIVE DATE _____

Name of Insurance Company		Policy ID #	Group #	
Claims Address		City	State	Zip Telephone #
Name of Policy Holder		Date of Birth	Relationship to Insured	Type of Plan- HMO, PPO Deductible? Referrals?
Employer Name and Address				

ASSIGNMENT OF BENEFITS

I understand that I am responsible for payment in full of all charges. I request that payment of authorized insurance benefits be paid directly to Child and Adolescent Health Specialists, PC. I also authorize Child and Adolescent Health Specialists, PC to release all information necessary for the processing of insurance claims to HCFA, its agents or any other insurance company to determine the benefits payable for related services.

Signature _____ Date _____



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PATIENT HISTORY FORM

Child's Name: _____ DOB: _____

Your Name: _____ Relation to child: _____

Child lives with: _____ Relation to Child: _____ DOB: _____

Language (s) Spoken at Home: _____

Ethnicity: _____ Race: _____

Referred by: _____

Has your child ever been seen by one of our specialists? Yes No If yes, when _____

Any Previous Evaluations / Testing? Yes No If yes,

Where: _____ Performed by: _____

When: _____

What did you learn from this? _____

Current or Previous Diagnoses: _____

Name of School / Daycare: _____

Address: _____

Is your child currently on an IEP or 504 plan? Yes No

Date of last school-based evaluation: _____

How would you rate your child's school performance at this time?

___ Good ___ Fair ___ Poor

Child's Primary Care Physician: _____

Address: _____

Telephone: _____

Current Medication(s): _____ Dose _____

_____ Dose _____

_____ Dose _____

Name of doctor who is currently managing medications: _____



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Please list previous medications and reason for discontinuation:

Is your child currently receiving or has s/he in the past received any services or therapies? (e.g. Speech, Occupational, Physical Therapies, ABA, other)

Please include dates, where performed, and frequency.

Has your child been seen or currently being followed by any other Specialists?

Yes No If so when, by whom:

Please indicate if your child has experienced any of the following:

Seizures	No	Yes	Weight loss or gain	No	Yes
Tics (repetitive movements or sounds)	No	Yes	Problems with urinating or with kidneys	No	Yes
Easy bleeding/bruising	No	Yes	Constipation or diarrhea	No	Yes
Heart beating "funny" or fast	No	Yes	Abdominal pain	No	Yes
Chest Pain	No	Yes	Rash or other skin problem	No	Yes
Difficulty breathing	No	Yes	Broken bone	No	Yes
Problems with hearing	No	Yes	Problems with vision	No	Yes
Problems with immune system	No	Yes	Recent febrile illness	No	Yes

Has your child received all recommended childhood vaccines? No Yes

If no please explain _____

To assist us in making an accurate assessment of your child's issues, we need a detailed picture of your child's development and behaviors. Please answer the following questions to the best of your ability. Completion of this detailed history will allow more time for discussion and observation during your appointment.



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Were there any concerns during the pregnancy? _____

Were there any medications taken besides iron and vitamins?

Yes, Please list _____ No

Any alcohol Yes, Please list amount/frequency _____ No

Drugs Yes, Please list amount/frequency _____ No

Cigarettes Yes, Please list amount/frequency _____ No

Any particular stressors Yes No Please describe if yes _____

Was this pregnancy Full-term? Yes No _____

Type of delivery? _____ If C-section reason _____ Birth weight? _____

Any troubles at the time of birth or while in the hospital? _____

After coming home, what was your child like as a baby? _____

Any feeding issues or colic? _____

Any trouble establishing rhythms of eating and sleeping? _____

Any problems with typical milestones such as sitting, standing, or walking? _____

Did s/he babble (e.g. *dada*, *baba*) before 12 months? Yes No



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How old when s/he said first word? _____ Put 2 words together? _____

When you called his/her name at 10 months of age, did s/he look at you? Yes No

Did s/he follow where you were pointing to an object of interest? Yes No

Did s/he point to objects of interest to him/her as he got a little older? Yes No

Sometimes

Did s/he bring books or games to you to play with him/her after s/he learned to walk?

Yes No

What was his/her play like when s/he was 18 months of age? _____

Did s/he like miniatures such as toy kitchen sets, tool sets, farm animals, etc.? Yes No

Between 2 and 3 years of age did you see make-believe play begin? Yes No

Did you ever see him/her focus in an unusual way at a part of a toy such as a wheel or a reflection of light on a toy? Yes No

Did s/he ever pass objects slowly in front of his/her eye or look at them only from the side?

Yes No

Has your child ever displayed rituals or obsessions or other repetitive behaviors? Yes No

If yes, please describe and indicate age when first appeared: _____

When did s/he feed himself independently with fork, cup and spoon? _____

When did s/he assist with dressing and undressing? _____

When was s/he toilet trained? _____

Any difficulties with learning how to use buttons, snaps and zippers? Yes No



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Did your child receive Early Intervention services (below 3 yrs) Yes No If so, what type of service and for how long? _____

Did s/he go to preschool or daycare? Yes No

Were there any problems there? Yes No Was s/he able to follow a routine? Yes No

Did s/he show interest in what other children were playing? Yes No

Did s/he want to join in with their play after age 4? Yes No

Were there difficulties with the transition to kindergarten Yes No

Has s/he had any problems learning sounds associated with symbols such as letters and numbers? Yes No

Is s/he hypersensitive to touch (tags bother, sock line has to be "just right") Yes No

Is s/he either attracted to or repelled by any types of food including issues of texture, taste or smell? Yes No

Does s/he seek out physical play or pressure? Yes No

Is s/he hypersensitive to sounds? Yes No

Does your child strongly react to change, such as stopping a favorite activity to go in the car?
 Yes No

In general, have these problems improved over time? Yes No

Does s/he notice familiar routes in the car and comment on them? Yes No

Does s/he get upset if there is a deviation from the expected route/routine? Yes No

Does s/he have any intense interests (e.g. a subject that s/he knows everything about, or a topic that s/he persistently returns to in conversation or play)? Yes _____ No



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Does s/he have

any difficulty socializing or making friends? Yes No

Are you concerned about her/his ability to play (eg. parties and playdates)? Yes No

Is s/he interested in sports? Yes No

Are you concerned about her/his motor coordination? Yes No

Does s/he understand facial expressions? Yes No

Can s/he carry on a typical back and forth conversation? Yes No

Do you have any concerns about his/her diet? Yes _____ No

Does s/he eat breakfast? Yes No

Are there any problems with elimination (e.g. urinating/defecating)? Yes _____ No

Does s/he have any allergies? Yes _____ No

Has s/he ever lost consciousness or had a serious head injury? Yes No

If Yes give details: _____

Please explain any visits to the emergency room or surgeries? _____

Have there ever been any unusual episodes in which you thought s/he was "not there" or possibly having a seizure? Yes No

What time does your child get into bed at night? _____

How long does it take him/her to fall asleep? _____

Does s/he routinely wake up during the night? Yes _____ No

Is s/he a restless sleeper? Yes No

Does s/he snore? Yes No

Have you ever thought that s/he might have stopped breathing during sleep? Yes No



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At what time does s/he usually wake up in the morning? _____

Does s/he seem rested in the morning ? Yes No

How long have you lived in your present home and community? _____

Are there any particular stresses at home? _____

Who lives in the home and what is their relation to your child? _____

Parent A age/education/occupation: _____

Parent B age/education/occupation: _____

FAMILY HISTORY : Please indicate conditions that run in the family by writing the relation of the person to your child e.g. Maternal/Paternal grandmother, brother (include grandparents, aunts & uncles)

School Problems
No Yes _____
Attention Disorders
No Yes _____
Learning Disability
No Yes _____
Anxiety Disorders
No Yes _____
Tics/Tourette Syndrome
No Yes _____
Panic Attacks
No Yes _____
Depression
No Yes _____
Suicide Attempts
No Yes _____
Alcoholism
No Yes _____
Other Mental Health issues
No Yes _____

Autism/PDD/Asperger Syndrome
No Yes _____
Genetic Disorders
No Yes _____
Intellectual Disability
No Yes _____
Seizures/Epilepsy
No Yes _____
Hereditary deafness or blindness
No Yes _____
Allergy/Asthma
No Yes _____
Heart disease before 50 years of age
No Yes _____
Unexpected/unexplained death
No Yes _____
Substance Abuse
No Yes _____
Any other problems of development
No Yes _____



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What specific questions or concerns do you wish to be addressed?

Please Note: A parent or legal guardian must accompany any minor child to a developmental-behavioral pediatric appointment.

As a reminder, we recommend that children other than the one who is being seen for the appointments, not accompany you to the appointments as this can be a significant distraction. We realize sometimes this is not possible. In this case please bring something to occupy your child for approximately 1 1/2 hours.

Children must be over 8 years of age to remain in the reception room without adult supervision.



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NOTICE OF HIPAA PRIVACY PRACTICES

This is a summary of how we use and disclose your Protected Health Information. Please read the full Notice of Privacy Practices available on our web site or at our front desk or request a copy to be mailed to you, prior to signing this form.

- A. We have a legal duty to protect health information about you.
- B. We may use and disclose Protected Health Information or “PHI” about you in the following circumstances: ***see full Notice of Privacy Practices for examples***
 - 1. We may use and disclose PHI about you to provide health care treatment to you.
 - 2. We may use and disclose PHI about you to obtain payment for services.
 - 3. We may use and disclose your PHI for health care operations.
 - 4. We may use and disclose PHI under other circumstances without your authorization, such as when required by law or for public health activities.
 - 5. You can object to certain uses and disclosures.
 - 6. We may contact you to provide appointment reminders by voice message, text or email.
 - 7. We may contact you with information about treatment, services, products or health care providers.
 - 8. We may contact you for fundraising activities.

Any other use or disclosure of PHI about you requires your written authorization.

- C. You have several rights regarding PHI about you.
 - 1. You have the right to request restrictions on uses and disclosures of PHI about you.
 - 2. You have the right to request different ways to communicate with you.
 - 3. You have the right to see and copy PHI about you.
 - 4. You have the right to request amendment of PHI about you.
 - 5. You have the right to a listing of disclosures we have made.
 - 6. You have a right to a copy of this notice.
- D. You may file a complaint about our privacy practices. ***See full Notice of Privacy Practices for instructions.*** Contact the Office Manager with questions or concerns.
- E. A copy of the full description of Child and Adolescent Health Specialists, PC privacy practices has been made available to me. I understand my rights and how my protected health information can be used by Child and Adolescent Health Specialists, PC.

This Notice of Privacy Practices is effective as of today's date: _____

Patient's Name: _____

Parent/Guardian Signature: _____



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CANCELLATION and PAYMENT POLICY

Child's Name: _____ **Date of Birth:** _____

Due to the considerable time involved with Developmental Appointments, our office has developed the following Cancellation and Payment Policy:

- **Consultation and Testing appointments (in person and virtual) require 5 days' notice during regular business hours**, or a fee of **\$300.00** will be charged to your credit card on file.
- **Follow Up appointments (in person, virtual or telephone) require 48 hours' notice during regular business hours**, or a fee of **\$150** will be charged to your credit card on file.

Calls for cancellations must be received during regular business hours Monday-Friday. Calls will not be accepted by the afterhours emergency answering service for cancellations. Monday appointments must be cancelled by 5pm the preceding Friday.

An active credit card number is required to be kept on file with our PCI compliant secure gateway, to which we will bill all outstanding balances which may include deductible, copayment/coinsurance, appointments missed or cancelled without required notice, insurance denials for non-covered services, partial payment, no referral or inactive insurance.

Your signature below indicates that you authorize Child and Adolescent Health Specialists, PC to charge your credit card for patient balances as listed above. A receipt will be sent to you once your payment has been processed.

Cardholder's SIGNATURE: _____ **Date:** _____

Credit Card to remain on file: Type: (circle one) MasterCard or Visa

Name on Card: _____

Credit Card #: _____

Expiration Date: _____

CV # (3 letter code on back): _____

***We cannot schedule your appointment until we have received pages 3-15.**

Upon receipt of **all pages** our office staff will contact you to schedule your appointment.



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Insurance and Billing Information:

Our office will submit claims for Developmental-Behavioral appointments to all insurances we are contracted with if you have a verifiable active policy.

The following is a list of our most commonly applied insurance codes for Developmental-Behavioral Appointments. *Please note this is not an inclusive list and may change without notice.* If you have any questions or concerns about what your insurance will pay, or **if you have a deductible plan**, please contact your insurance provider's member services department for **medical services** prior to scheduling your appointment (s). Your insurance is required to inform you of your responsibility for services within 2 business days of your request. Please call our office if your insurance denies any of the codes listed below. By signing this waiver you understand that you are responsible for payment of non-covered procedures and insurance determined balances and agree to payment via your credit card on file.

Developmental Behavioral Pediatrics Codes: *Some appointments may be via telehealth.*

Consultation visit:

Developmental-Behavioral Consultation, new patient (99245,99244, 99205)

Otoacoustics Emissions hearing screening (92587) Vision screening (99173)

Assessment and screening questionnaires (96127,96110, 96160, 96161) **more than one screening may be administered, insurance may only pay for 1**, or charge to deductible, any not covered are patient/parent responsibility) 96127 not covered by Allways or MassHealth.

Neurobehavioral Testing Appointment Developmental Testing (96116/96121 or 96112/96113). **Not covered by MassHealth. May apply to deductible or units may exceed your insurance limit.**

Parent Conference Office visit codes - 99214 or 99215

Follow up appointments Office visit codes 99213, 99214, 99215.

Prolonged visit code - if your parent conference or follow up appointment runs longer than 40 minutes (99354,99355) **Not covered by certain insurances** BC, HP, MassHealth, therefore parent responsibility

Review of records outside of your appointment time (99358) **Telephone calls not medication related** (99442,99443,99444) **Not covered by some insurances**

Please be aware that review of records outside of your appointment time, requests for telephone consultations with parents, therapists, or school personnel and **additional** reports (e.g. letters to schools) will not be covered by your insurance and will require payment in advance.

This list is representative but not inclusive. I understand that these or other applicable codes may not be covered by my insurance or may be applied to my deductible and if not paid by my insurance, I am responsible for payment in full. A copy of the *Office Financial Policies* has been made available to me via the website. I understand that balances are due upon receipt and are subject to a \$10 billing fee if payment or a payment plan is not addressed within 30 days. Returned checks or declined charges will incur a \$25 fee.

Child's Name: _____ Date: _____

Parent/Guardian Signature: _____



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REQUEST FOR CONSULTATION (This form applies **ONLY** if your **INSURANCE** is a **PPO**)

To bill any insurance company for a consultation appointment, a written request from a professional in a related field is required.

If your insurance is an HMO, the referral from your child's PCP will serve as this request and this form does not need to be completed.

If your insurance is a PPO, please have this **Request for Consultation** form completed by your **referring professional** (eg. your PCP, a therapist, teacher, etc.).

To: Nicola J. Smith, MD/ Katherine A. Trier, MD

From: (professional requesting consultation) _____

Address: _____

Phone: _____ Fax: _____

Date:
Patient:
DOB:
Reason for consultation:
Pertinent history:
Signature of requesting provider: _____